

Emergency First Aid with CPR Level A or C + AED

Register now

This one day course is for individuals who require basic information on first aid and CPR for the workplace, educational institution or personal interest reasons. This course meets Canadian Labour Code and Ontario First Aid Regulation 1101 for workplaces with less than 5 employees. This interactive program includes CPR training for adults, infants and children, 2 person CPR as well as automated external defibrillation (AED). Certificates valid for 3 years are issued upon successful completion

CPR Level A (Adults only) - 8:30 am – 4:30 pm

CPR Level C (Adults, infants & children) - 8:30 am – 5:30 pm

JANUARY	DAY	LOCATION
2	Wed	Sarnia - Holiday Inn
14	Mon	Windsor
16	Wed	London - 741 King St.
17	Thu	London - 741 King St.
17	Thu	Sarnia - Holiday Inn
19	Sat	Windsor
21	Mon	Chatham - Retro Suites Hotel
21	Mon	London - 741 King St.
23	Wed	London - 741 King St.
24	Thu	London - 741 King St.
24	Thu	Windsor
26	Sat	London - 741 King St.
28	Mon	London - 741 King St.
28	Mon	Sarnia - Holiday Inn
30	Wed	London - 741 King St.
31	Thu	London - 741 King St.

FEBRUARY	DAY	LOCATION
2	Sat	London - 741 King St.
4	Mon	Chatham - Retro Suites Hotel
4	Mon	London - 741 King St.
4	Mon	Sarnia - Holiday Inn
6	Wed	London - 741 King St.
7	Thu	London - 741 King St.
7	Thu	Windsor
9	Sat	London - 741 King St.
11	Mon	London - 741 King St.
11	Mon	Windsor
13	Wed	London - 741 King St.
14	Thu	London - 741 King St.
16	Sat	London - 741 King St.
16	Sat	Windsor
19	Tue	Chatham - Retro Suites Hotel
19	Tue	London - 741 King St.
19	Tue,Wed	Sarnia - Holiday Inn
20	Wed	London - 741 King St.
21	Thu	London - 741 King St.
21	Thu	Windsor
23	Sat	London - 741 King St.
25	Mon	London - 741 King St.
25	Mon	Sarnia - Holiday Inn
25	Mon	Windsor
27	Wed	London - 741 King St.
28	Thu	London - 741 King St.

MARCH	DAY	LOCATION
2	Sat	London - 741 King St.
4	Mon	Chatham - Retro Suites Hotel
4	Mon	London - 741 King St.
6	Wed	London - 741 King St.
6	Wed	Sarnia - Holiday Inn
7	Thu	London - 741 King St.
7	Thu	Windsor
9	Sat	London - 741 King St.
11	Mon	London - 741 King St.
11	Mon	Windsor
13	Wed	London - 741 King St.
14	Thu	Chatham - Retro Suites Hotel

APRIL	DAY	LOCATION
1	Mon	London - 741 King St.
3	Wed	London - 741 King St.
4	Thu	London - 741 King St.
4	Thu	Windsor
6	Sat	London - 741 King St.
8	Mon	London - 741 King St.
8	Mon	Sarnia - Holiday Inn
8	Mon	Windsor
10	Wed	London - 741 King St.
11	Thu	Chatham - Retro Suites Hotel
11	Thu	London - 741 King St.
13	Sat	London - 741 King St.

14	Thu	London - 741 King St.	13	Sat	Windsor
14	Thu	Sarnia - Holiday Inn	15	Mon	London - 741 King St.
16	Sat	London - 741 King St.	17	Wed	London - 741 King St.
16	Sat	Windsor	17	Wed	Sarnia - Holiday Inn
18	Mon	London - 741 King St.	17	Wed	Windsor
20	Wed	London - 741 King St.	20	Sat	London - 741 King St.
21	Thu	London - 741 King St.	22	Mon	London - 741 King St.
21	Thu	Windsor	22	Mon	Sarnia - Holiday Inn
23	Sat	London - 741 King St.	22	Mon	Windsor
25	Mon	London - 741 King St.	24	Wed	London - 741 King St.
25	Mon	Sarnia - Holiday Inn	25	Thu	London - 741 King St.
27	Wed	London - 741 King St.	27	Sat	London - 741 King St.
28	Thu	London - 741 King St.	29	Mon	Chatham - Retro Suites Hotel
28	Thu	Windsor	29	Mon	London - 741 King St.
30	Sat	London - 741 King St.			

MAY	DAY	LOCATION
1	Wed	London - 741 King St.
1	Wed	Sarnia - Holiday Inn
2	Thu	London - 741 King St.
2	Thu	Windsor
4	Sat	London - 741 King St.
6	Mon	London - 741 King St.
8	Wed	London - 741 King St.
8	Wed	Windsor
9	Thu	London - 741 King St.
11	Sat	London - 741 King St.
13	Mon	London - 741 King St.
15	Wed	London - 741 King St.
16	Thu	Chatham - Retro Suites Hotel
16	Thu	London - 741 King St.
16	Thu	Sarnia - Holiday Inn
18	Sat	London - 741 King St.
18	Sat	Windsor
21	Tue	London - 741 King St.
22	Wed	London - 741 King St.
23	Thu	London - 741 King St.
25	Sat	London - 741 King St.
27	Mon	Chatham - Retro Suites Hotel
27	Mon	London - 741 King St.
27	Mon	Sarnia - Holiday Inn
29	Wed	London - 741 King St.
30	Thu	London - 741 King St.
30	Thu	Windsor

JUNE	DAY	LOCATION
1	Sat	London - 741 King St.
3	Mon	London - 741 King St.
5	Wed	London - 741 King St.
6	Thu	London - 741 King St.
6	Thu	Windsor
8	Sat	London - 741 King St.
10	Mon	Chatham - Retro Suites Hotel
10	Mon	London - 741 King St.
10	Mon	Sarnia - Holiday Inn
12	Wed	London - 741 King St.
12	Wed	Windsor
13	Thu	London - 741 King St.
15	Sat	London - 741 King St.
15	Sat	Windsor
17	Mon	London - 741 King St.
19	Wed	London - 741 King St.
20	Thu	London - 741 King St.
20	Thu	Sarnia - Holiday Inn
20	Thu	Windsor
22	Sat	London - 741 King St.
24	Mon	Chatham - Retro Suites Hotel
24	Mon	London - 741 King St.
24	Mon	Sarnia - Holiday Inn
24	Mon	Windsor
26	Wed	London - 741 King St.
27	Thu	London - 741 King St.
29	Sat	London - 741 King St.

JULY	DAY	LOCATION
2	Tue	London - 741 King St.
3	Wed	London - 741 King St.
3	Wed	Sarnia - Holiday Inn
4	Thu	London - 741 King St.
4	Thu	Windsor
6	Sat	London - 741 King St.
8	Mon	London - 741 King St.
8	Mon	Windsor
10	Wed	Chatham - Retro Suites Hotel
10	Wed	London - 741 King St.
11	Thu	London - 741 King St.
13	Sat	London - 741 King St.
15	Mon	London - 741 King St.
15	Mon	Windsor
17	Wed	London - 741 King St.
18	Thu	London - 741 King St.
18	Thu	Sarnia - Holiday Inn
20	Sat	London - 741 King St.
20	Sat	Windsor
22	Mon	Chatham - Retro Suites Hotel
22	Mon	London - 741 King St.
22	Mon	Sarnia - Holiday Inn
24	Wed	London - 741 King St.
25	Thu	London - 741 King St.
25	Thu	Windsor
27	Sat	London - 741 King St.
29	Mon	London - 741 King St.
31	Wed	London - 741 King St.

AUGUST	DAY	LOCATION
1	Thu	London - 741 King St.
1	Thu	Windsor
3	Sat	London - 741 King St.
6	Tue	London - 741 King St.
6	Tue	Sarnia - Holiday Inn
6	Tue	Windsor
7	Wed	Chatham - Retro Suites Hotel
7	Wed	London - 741 King St.
8	Thu	London - 741 King St.
10	Sat	London - 741 King St.
12	Mon	London - 741 King St.
12	Mon	Windsor
14	Wed	London - 741 King St.
15	Thu	London - 741 King St.
15	Thu	Sarnia - Holiday Inn
17	Sat	London - 741 King St.
17	Sat	Windsor
19	Mon	Chatham - Retro Suites Hotel
19	Mon	London - 741 King St.
21	Wed	London - 741 King St.
22	Thu	London - 741 King St.
24	Sat	London - 741 King St.
26	Mon	London - 741 King St.
26	Mon	Sarnia - Holiday Inn
26	Mon	Windsor
28	Wed	London - 741 King St.
29	Thu	London - 741 King St.
31	Sat	London - 741 King St.

SEPTEMBER	DAY	LOCATION
3	Tue	London - 741 King St.
4	Wed	London - 741 King St.
4	Wed	Sarnia - Holiday Inn
5	Thu	London - 741 King St.
5	Thu	Windsor
7	Sat	London - 741 King St.
9	Mon	London - 741 King St.
9	Mon	Windsor
11	Wed	London - 741 King St.
12	Thu	Chatham - Retro Suites Hotel
12	Thu	London - 741 King St.
14	Sat	London - 741 King St.
16	Mon	London - 741 King St.
18	Wed	London - 741 King St.
19	Thu	London - 741 King St.

OCTOBER	DAY	LOCATION
2	Wed	London - 741 King St.
2	Wed	Sarnia - Holiday Inn
3	Thu	London - 741 King St.
3	Thu	Windsor
5	Sat	London - 741 King St.
7	Mon	London - 741 King St.
7	Mon	Windsor
9	Wed	London - 741 King St.
10	Thu	London - 741 King St.
12	Sat	London - 741 King St.
15	Tue	Chatham - Retro Suites Hotel
15	Tue	London - 741 King St.
16	Wed	London - 741 King St.
17	Thu	London - 741 King St.
17	Thu	Sarnia - Holiday Inn

19	Thu	Sarnia - Holiday Inn
19	Thu	Windsor
21	Sat	London - 741 King St.
21	Sat	Windsor
23	Mon	London - 741 King St.
23	Mon	Sarnia - Holiday Inn
23	Mon	Windsor
25	Wed	London - 741 King St.
26	Thu	London - 741 King St.
28	Sat	London - 741 King St.
30	Mon	Chatham - Retro Suites Hotel
30	Mon	London - 741 King St.

17	Thu	Windsor
19	Sat	London - 741 King St.
19	Sat	Windsor
21	Mon	London - 741 King St.
23	Wed	London - 741 King St.
23	Wed	London - 741 King St.
24	Thu	London - 741 King St.
26	Sat	London - 741 King St.
28	Mon	Chatham - Retro Suites Hotel
28	Mon	London - 741 King St.
28	Mon	Sarnia - Holiday Inn
28	Mon	Windsor
30	Wed	London - 741 King St.
31	Thu	London - 741 King St.

NOVEMBER	DAY	LOCATION
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2	Sat	London - 741 King St.
4	Mon	London - 741 King St.
6	Wed	London - 741 King St.
6	Wed	Sarnia - Holiday Inn
7	Thu	London - 741 King St.
7	Thu	Windsor
9	Sat	London - 741 King St.
11	Mon	Chatham - Retro Suites Hotel
11	Mon	London - 741 King St.
13	Wed	London - 741 King St.
13	Wed	Windsor
14	Thu	London - 741 King St.
16	Sat	London - 741 King St.
16	Sat	Windsor
18	Mon	London - 741 King St.
20	Wed	London - 741 King St.
20	Wed	London - 741 King St.
21	Thu	Chatham - Retro Suites Hotel
21	Thu	London - 741 King St.
21	Thu	Sarnia - Holiday Inn
21	Thu	Windsor
23	Sat	London - 741 King St.
25	Mon	London - 741 King St.
25	Mon	Sarnia - Holiday Inn
25	Mon	Windsor
27	Wed	London - 741 King St.
28	Thu	London - 741 King St.
30	Sat	London - 741 King St.

DECEMBER	DAY	LOCATION
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2	Mon	London - 741 King St.
3	Tue	Chatham - Retro Suites Hotel
4	Wed	London - 741 King St.
4	Wed	Sarnia - Holiday Inn
5	Thu	London - 741 King St.
5	Thu	Windsor
7	Sat	London - 741 King St.
9	Mon	London - 741 King St.
9	Mon	Sarnia - Holiday Inn
9	Mon	Windsor
11	Wed	London - 741 King St.
12	Thu	London - 741 King St.
12	Thu	Windsor
14	Sat	London - 741 King St.
16	Mon	Chatham - Retro Suites Hotel
16	Mon	London - 741 King St.
18	Wed	London - 741 King St.
19	Thu	London - 741 King St.
19	Thu	Sarnia - Holiday Inn
19	Thu	Windsor
21	Sat	London - 741 King St.
21	Sat	Windsor